

Useful Support Contacts around Alice Springs

Accommodation (Emergency)

Akangkentye Hostel (08) 7905 8720
Salvation Army Mens Hostel (08) 8952 1434
ASYASS refuge (housing) 24hr (08) 8953 4096
ASYASS Ampre Akweke Place (Women & babies) (08) 8953 2365
WoSSCA Womens Safety Services of Central Australia (prev. Alice Springs Womens Shelter) 24 hr (08) 8952 6075

Alcohol & Other Drug Services

ADSCA Alcohol & other Drugs Services Central Australia (08) 8951 7580
CAAAPU Central Australian Aboriginal Alcohol Program Unit (08) 8955 4600
DASA Drug And Alcohol Services Australia (08) 8950 5000
DASA Aranda House (08) 8950 3700
Holyoake Alice Springs (08) 8952 5899

Counselling Services

Anglicare Financial & Gambling (08)8951 8000
CatholicCare NT (08) 8958 2400
SEWB Social & Emotional Well-Being (CAAC) (08) 8959 4750
CRANA Plus Centre for Remote Area Nurses Association
Bush Support Line (health professionals) 1800 805 391 (24hrs)
EASA Employee Assistance Service Australia (Mon, Tues 12pm-8pm, Wed, Thurs, Fri 8:30am-5pm) (08) 8953 4225
Holyoake Alice Springs (08) 8952 5899
Lutheran Community Care (financial counsellors) (08) 8953 5160
Relationships Australia (08) 8950 4100
SARC Sexual Assault Referral Centre (08) 8955 4500

Young People's Services

ASYASS Alice Springs Youth Accommodation & Support Services (08) 8953 4200
Bush Mob (08) 8953 3798
CatholicCare NT—Family Support, Parent Education (08) 8958 2400
CAYLUS Central Australia Youth Link Up Service (08) 8951 4236
Child & Family Health Service (08) 8951 6711
Holyoake (08) 8952 5899
Territory Families (08) 8955 6001
Gap Youth and Community Centre (08) 8952 3927
headspace Alice Springs (08) 8958 4544
Waltja Tjutangku Palyapayi (08) 8953 4488

Material Aid

Lutheran Community Care (drop in- food) - (08) 8953 5160
Salvation Army (food and other material aid) - (08) 8951 0200
Bookings-Mon, Tues, Thurs, Friday 9am-12:30pm
St Vincents (food vouchers)- walk in 12pm-2:30pm M-F (need POI/proof of income) (08) 8952 1074
Tangentyere Council food vouchers (proof of income required) M-F (08) 8951 4222

Medical Centres

Alice Springs Hospital (08) 8951 7777
Alukura (women only)(08) 8953 2727
Alice Specialised Medicine (08) 8952 7774
Bath St Medical Centre (08) 8952 2000
Central Clinic (08) 8952 1088
CAAC—Gap Road Clinic (08) 8951 4444
CAAC—Larapinta Clinic (08) 7999 6450
CAAC—Northside Clinic (08) 7999 6444
CAAC—Sadadeen Clinic (08) 7999 6400
Centre for Disease Control Clinic 34 (08) 8951 7549
Ingkintja Clinic (males only) (08) 8958 4567
Mall Medical Centre (08) 8952 2744

Suicide Support

National Indigenous Critical Response Service (NICRS) 1800 805 801 (24 hrs) 7 days
Standby-Support After Suicide 0418 575 680 (24 hr) 7 days
Suicide Call Back Service 1300 659 467 (24 hr) 7 days

Mental Health Services

CAHS Central Australian Health Service—Mental Health Community House (08) 8951 7710
CATT Crisis & Assessment Treatment Triage (08)8951 7777 (8am-4:21pm) (CAMHS)
Child and Youth Mental Health Team (08) 8951 5950 (8am-4:30pm)
NT Mental Health Line (24 hr Mental Health Support) 1800 682 288
headspace Alice Springs (08) 8958 4544
MHACA Mental Health Association of Central Australia (08) 8950 4600
Mental Illness Fellowship (mental health carers) (08) 8953 1467
CVP NT Community Visitor Program – Complaints resolution & advocacy for those receiving treatment from NT Mental Health Services 1800 021 919

Online Chat Services

Beyond Blue webchat 3pm-12am 7 days AEST
www.beyondblue.org.au
Eheadspace online chat 9am-1am 7 days AEST
www.eheadspace.org.au
Kids Helpline (online chat) 24 hrs 7 days
www.kidshelpline.com.au
Lifeline online chat 7pm-Midnight 7 days AEST
www.lifeline.org.au
Lifeline text 0477 13 11 14 (6pm-Midnight AEST 7 days)
www.lifeline.org.au
Mensline online counselling (24hr) 7 days
www.mensline.org.au
QLIFE Online Chat (Counselling & referral service for LGBTI) 3pm-12am 7 days Nationwide
www.qlife.org.au
Suicide Callback Service online (24hr) 7 days
www.suicidecallbackservice.org.au

Emergency Services

Police, Fire & Emergency Services 000
Alice Springs Police 131 444
Alice Springs Hospital (08) 8951 7777
Lifeline 13 11 14
Kids Helpline 1800 55 1800
Poisons Information Centre (24hr) 131 126

Other Services

Aged Care Advocate (08) 8958 2400
Alice Springs Town Council (08) 8950 0500
Anti Discrimination Commission 1800 813 846
ARRCS Australia Regional & Remote Community Services Aged, community care, Hetti Perkins (08) 8921 4980
Australian Red Cross (08) 8924 3956
Blue Knot Helpline 1300 657 380 (9am-5pm AEST 7 days)
BSS Bush Support Services (health professions rural & remote) 1800 805 391
CAAAPU Central Aust Aboriginal Alcohol Program Unit (08) 8955 4600
CAAC Central Australian Aboriginal Congress (08) 8951 4400
Carers NT (08) 8953 1669
CARHDS Central Australia Remote Health Development Service (08) 8953 5500
CASA Central Australia Supported Accommodation (08) 8953 4311
Centre for Remote Health (ACAP) (08) 8951 4700
DAS Disability Advocacy Service (08) 8953 1422
Health Direct 24 hr 1800 022 222
LWB Life Without Barriers (08) 8955 6400
Mission Australia (08) 8955 6500
Multicultural Community Services of Central Australia (08) 8952 8776
NAAJA North Australian Aboriginal Justice Agency (08) 8950 9300
NPY Womens Council (08) 8958 2345
NTAHC NT Aids & Hepatitis Council (08) 8953 3172
NTCOSS NT Council of Social Services (08) 8948 2665
NT PHN (NT Primary Health Network) (08) 8950 4800
NT Working Women's Centre 1800 817 055
QLIFE (Counselling & referral service for LGBTI) 3pm-12am 7days Nationwide 1800 184 527
Sands (miscarriage, stillbirth & newborn death support) 1300 072 637 24hrs
SARC Sexual Assault Referral Centre 24 hr (08) 8955 4500
Services Australia (prev Centrelink/DHS) 132850
Tangentyere Council (08) 8951 4222
TIS Translating & Interpreter Service (24hr) 13 14 50
Victims of Crime NT 24 hrs 1800 672 242