### Useful Support Contacts around Tennant Creek

#### Accommodation (Emergency)
- **Tennant Creek Womens Refuge** 24 hrs 08 8962 1940

#### Alcohol & Other Drug Services
- **Barkly Region Alcohol & Drug Abuse Advisory Group (BRADAAG)** Rehab & Sober up Shelter 08 8963 2500

#### Mental Health Services
- **Barkly Mental Health Service (CAMHS)** 08 8962 4300
- **Barkly Mental Health Team—Child & Youth Services** (08) 8962 4567
- **CatholicCare NT** (youth mental health services) 08 8962 3065
- **Mental Illness Fellowship** (mental health carers) 08 8962 1931
- **NT Mental Health Line** (24 hr Mental Health Support) 1800 682 288
- **CVP NT Community Visitor Program**—Complaints resolution & advocacy for those receiving treatment from NT Mental Health Services 1800 021 919

#### Counselling Services
- **Anyinginyi Stronger Families** (men) 8am—5pm Mon-Friday 08 8963 2914
- **Anyinginyi Stronger Families** (women) 8am—5pm Mon-Friday 08 8963 2914
- **CatholicCare NT** counselling/family/parent support/money/debt management/youth services/NDIS/housing support/suicide prevention/family violence services (08) 8962 3065
- **Domestic Violence Counsellor** (refuge) Mon–Fri 8am-5pm 08 8962 1940
- **Domestic Violence/Sexual Assault Hotline** 24hrs 1800 200 526

#### Online Chat Services
- **Beyond Blue webchat** 3pm-12am 7 days AEST [www.beyondblue.org.au](http://www.beyondblue.org.au)
- **Eheadspace online chat** 9am-1am 7 days AEST [www.eheadspace.org.au](http://www.eheadspace.org.au)
- **Kids Helpline** (online chat) 24 hrs 7 days [www.kidshelpline.com.au](http://www.kidshelpline.com.au)

#### Emergency Services
- **Police, Fire & Emergency Services** 000
- **Tennant Creek Police** 131 444
- **Tennant Creek Hospital** 08 8962 4399
- **Lifeline** 13 11 14
- **Kids Helpline** 1800 55 1800
- **Poisons Information Centre** 24hrs 13 11 26

#### Material Aid
- **CatholicCare NT** food vouchers and other material aid 08 8962 3065

#### Medical Centres
- **Anyinginyi Health Centre** 08 8962 2385
- **Tennant Creek General Practice** 08 8962 4633
- **Tennant Creek Hospital** 08 8962 4399
- **Tennant Creek Hospital Social Worker** 08 8962 4234

#### Online Chat Services
- **QLIFE Online Chat** (Counselling & referral service for LGBTI) 3pm-12am 7 days Nationwide [www.qlife.org.au](http://www.qlife.org.au)

#### Suicide Support
- **National Indigenous Critical Response Service (NICRS)** 1800 805 801 (24 hrs) 7 days
- **Standby-Support After Suicide** 0418 575 680 (24hrs) 7 days
- **Suicide Call Back Service** 1300 659 467 (24 hrs) 7 days

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Prepared by Lifeline Central Australia (08) 8953 1250, updated 17 June 2020